



# HSE APPROVED FIRST AID AT WORK COURSE REFRESHER



## INTRODUCTION

An intensive revision of the First Aid at Work course, covering possible accidents and their treatment within your workplace. Upon successful completion, candidates will receive a qualification approved by the Health and Safety Executive which enables them to continue as a first aider in their workplace. Certificates are valid for three years.

## WHO SHOULD ATTEND

Employees who already hold a Full First Aid Certificate, which is due to expire. (A copy of the current First Aid Certificate must be provided in advance of the course). Participants are advised to dress appropriately as they will be required to work on the floor for practical sessions.

## COURSE DURATION

PFA Consulting offer this course over 2 days.

## COURSE OVERVIEW

At the end of the course participants will be able to:

- Assess and prioritise a first aid incident
- Deal with an unconscious casualty
- Carry out resuscitation (CPR)
- Control bleeding and manage shock
- Deal with injuries to bones, muscles and joints
- Deal with a casualty suffering burns and scalds
- Manage eye injuries
- Deal with casualties overcome by fumes or suffering from poisoning
- Deal with a broad range of common injuries and illnesses until the arrival of medical care
- Maintain records
- Use and maintain first aid kits

## COURSE CERTIFICATION

The course will be completed by carrying out a practical Examination, resulting in a renewal of the First Aid at Work qualification for a further three years.

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PFA Consulting has a rolling schedule for Health and Safety courses. For further details on this course or to arrange a meeting to discuss your requirements:

- Call our training co-ordinator on 01793 828000
- Email us on [training@pfapl.com](mailto:training@pfapl.com)