



# CONFINED SPACE AWARENESS



## INTRODUCTION

This course provides operatives and supervisors with both theoretical and practical training for confined space working, including the use of escape breathing apparatus and gas monitors.

The course is run 'on location', at site or within your premises to enable realistic training to be conducted. This training is a must for all those operation involving works which break into live water services.

## WHO SHOULD ATTEND

This course is designed for all employees who work in confined spaces like manholes, shafts etc, who need to know about confined space hazards and safe working practices.

## COURSE DURATION

PFA Consulting offer this course over 1 day.

## COURSE OVERVIEW

All who pass this course will receive the Confined Spaces Certification and the course content includes the following:

- Types of confined spaces
- Hazard identification
- Permits to work
- Hygiene and personal protective equipment
- Accident and emergency procedures with self rescue
- Confined space regulations
- Safe working procedures
- Access equipment including tripods, winches, and safety harnesses
- Breathing apparatus escape sets



PFA Consulting has a rolling schedule for Health and Safety courses. For further details on this course or to arrange a meeting to discuss your requirements:

- Call our training co-ordinator on 01793 828000
- Email us on [training@pfapl.com](mailto:training@pfapl.com)